

Flu vaccine



Why should people get the flu vaccine?

Lowers the risk of catching the flu in the first place.

Lessens the severity of the flu even if you do catch it.

Reduces lost work time, doctor visits, subsequent hospitalizations and even death.

Contributes to immunity in the overall community, which helps protect those who can't get vaccinated due to allergies and weakened immune systems.



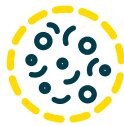
INFLUENZA HAS CAUSED **12,000 TO 56,000** DEATHS ANNUALLY SINCE 2010 IN THE US.



How does the flu vaccine work?



The body is exposed to a killed or weakened version of the influenza virus during the vaccination.



The body develops antibodies to provide protection against the specific viral strains.



The process usually takes about 2 weeks.



How can you protect your employees and workplace?

PLACE
EDUCATIONAL
INFORMATION
REGARDING
INFLUENZA
THROUGHOUT
HIGH-TRAFFIC
AREAS.

EDUCATE
YOUR STAFF ON
**BENEFIT
COVERAGE**
FOR THE
INFLUENZA VACCINE,
INCLUDING WHERE
THEY CAN
RECEIVE THE
VACCINE.

ENCOURAGE STAFF TO
STAY HOME
IF THEY
HAVE
SYMPTOMS
OF THE FLU,
PARTICULARLY IF
THERE IS A LOCAL
OUTBREAK.

PROVIDE
TISSUE
AND HAND
SANITIZER
STATIONS
THROUGHOUT THE
FACILITY TO
ENSURE APPROPRIATE
PRECAUTIONS
ARE TAKEN.

REDUCE ABSENTEEISM AND SAVE MONEY WITH AN
ON-SITE FLU CLINIC. **SCHEDULE TODAY!**

To schedule an on-site flu clinic at your Ohio or Kentucky office contact [Matt Harman](mailto:mharman@employershealthco.com) at mharman@employershealthco.com or your Employers Health Account Manager.



Who should get vaccinated?

ANYONE **6 months**
OF AGE OR OLDER



CERTAIN **high-risk** POPULATIONS:

- Children less than 5 years old
- Pregnant women (including women up to two weeks postpartum)
- Morbidly obese (body mass index > 40)
- American Indians and Alaskan Natives (at higher risk of flu complications)
- Nursing home and long-term care facility residents
- People with certain medical conditions, such as chronic lung disease, heart disease, diabetes, compromised immune systems or other serious health conditions



Can I still get the flu even if I get vaccinated?

THIS CAN HAPPEN FOR
A COUPLE REASONS

- The flu shot takes about 2 weeks to take effect, and you may be infected before or during that period.
- You may be exposed to a different variation or strain of the flu virus.
- Effectiveness can vary from person to person and their individual immune function.



THE GOOD NEWS

Studies show that those who receive the flu shot but still get the flu experience milder symptoms and a shorter duration of sickness versus those who do not.



EMPLOYERS HEALTH CAN HELP

To schedule an on-site flu clinic at your office contact [Matt Harman](mailto:mharman@employershealthco.com) at mharman@employershealthco.com or your Employers Health Account Manager.

One way to increase employee vaccination rates is to provide an on-site flu clinic.

Employers Health has offered on-site flu clinics to our Ohio & Kentucky members at a **discounted rate** for more than **10 years**.

Absenteeism could be as high as **40%** during the peak of the flu.

It is best to receive the flu shot when influenza begins to spread in September and October.

Flu season peaks between December-February.

Based on published analyses, estimated **savings** for employers can be as much as **\$80 for each employee vaccinated** by Employers Health. Savings result from not only the discounted price, but also projected reductions in health care costs and lost productivity due to illness.

EMPLOYERSHEALTHCO.COM