

EMPLOYEE ASSISTANCE PROGRAM (EAP)



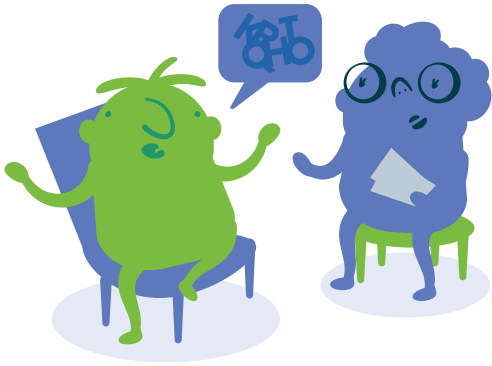
Employers Health recently surveyed its membership to gain insight on Employee Assistance Program (EAP) usage.

More than **90%** of employers responding offer an EAP. Approximately **5%** do not offer an EAP and two respondents stated they do not currently, but plan to in the future.

Benefit Usage

User Feedback

EAP Providers



The majority of respondents offer **5 COUNSELING SESSIONS** through the EAP benefit.



TOP 3 PROVIDERS
ComPsych
IMPACT Solutions
LifeWorks



Of benefits & service offerings, **COUNSELING** is the most likely offering, followed by work / life resources. Additional resource offerings include: *identity theft, legal assistance, eldercare support, resilience training and more.*



78%
of respondents feel their EAP provider understands their employee population and communication needs.

EAP utilization is generally low. The majority of respondents state their utilization is **6-10%** while a close second rate theirs **0-5%**



EMPLOYERS HEALTH

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Survey results based on 75 employer responses collected in July 2019.

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Implementation

11%

have implemented an onsite counseling program with their EAP.



Opioids

Nearly **30%** of respondents have worked proactively with their EAP to analyze data on opioid use and abuse and **11%** of respondents have worked with their EAP to create opioid abuse materials.

Critical Response

62%

of respondents utilized their EAP's Critical Incident Response service.